Religious Education Congress 2017
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Encountering Christ in Lay Preaching
Session 7-16

Writing a Preached Reflection

The Lombardi method:

Step One: Keep a journal of key moments in your faith journey:

- Conversations
- Relationships
- Your emotional response to situations
- Your prayer life after the encounters

Step Two: Choose an encounter that stirred up the most emotion in you:

- Fear
- Joy
- Awe
- Peace
- Confusion

Step Three: Choose a passage from scripture that relates to the encounter:

For example, fear (Matthew 8: 23-27)

Step Four: Consult a biblical commentary and note any new insights related to the biblical text and/or church document

For example, John Paul II's Apostolic Letter, *Salvifici Doloris*, especially the last section on the Good Samaritan (good for anything on suffering)

Step Five: Summarize your encounter with one point/message

For example, trust in the Lord is the only remedy for fear
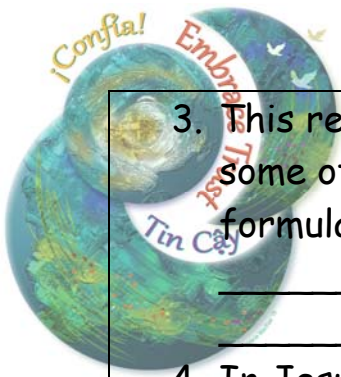
Step Six: Relate your encounter to today's context (Sociological data)

- Youth related issues
- Relationships/Family Life, etc.

Step seven: End with a recommendation

Step eight: Preach your theological reflection using the following model:

1. Read passage from scripture
2. In this passage we hear the message of_____

   _____

3. This reminds me of (note life experience/emotion here)_____Or some other formulation_____

_____

_____

4. In Jesus' time/Paul's time, etc. (note insights from biblical commentary/church document here)_____

_____

_____

5. Today, we face the same (note something about today's context that relates to your experience and the scripture)_____

_____

_____

6. Let us (recommendation here)_____

_____

Do not reveal names or personal encounters that may harm you and others. Ask permission to share stories. Do not use real names.

Do not exceed three pages double spaced 12 pt. font.

Using this model, you will have made the connection between: your experience, scripture, tradition, and the surrounding culture.

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