

THE KERYGMA



ONE

God is love and has created me for relationship with Him.



TWO

I have broken my relationship with God by my sin.



THREE

Jesus restores my relationship with God through his life, death, resurrection.



FOUR

Jesus invites me to trust Him, to turn from sin and to give my life to Him.



FIVE

Jesus has poured the Holy Spirit into my heart to bring me to new life in His Church and sends His Church on mission so that others can experience that new life.

A Faith-Based Story Methodology

(Example: *The Great Commandment* and “*The Good Samaritan*” Luke 10:25–37)

STEP 1: Read

Use the questions below to initiate a conversation.

- Think of someone you love. How do you show this person that you love him or her?
- Think of someone who loves you. How does this person show his or her love for you?

Explain that you will read aloud a story from the Bible. In this story, Jesus tells a man what it really means to show love for someone. Explain that the story has three main characters. Ask the child to listen carefully to see which character showed the kind of love he or she might like to receive.

Read aloud Luke 10:25–37.

STEP 2: Reflect

After reading, ask the following:

- What do you think Jesus meant by “Love your neighbor as yourself”?
- How does the story of the Good Samaritan give an example of this idea?
- How might you be like the Good Samaritan in your life?

STEP 3: Pray

With the child, pray the Sign of the Cross, fold hands, and bow heads. Pray aloud the following:

Lord Jesus, help me be kind to everyone, reaching out with love.

Help me be fair, reaching out with love.

Help me share what I have with those in need, reaching out with love.

Help me take care of all living things, reaching out with love.

Help me be like the Good Samaritan, reaching out with love to love my neighbor as myself.

Amen.

STEP 4: Respond

Talk with the child about one way he or she can show love for a neighbor or someone in need. Work with the child to complete the task. Afterward ask the following: *What is one way that you were like the good Samaritan? Say: When you pray before bed tonight, pray for the person you helped. Then pray to ask God to help you be like the good Samaritan again tomorrow. Ask Jesus to help you to see those people who need love.*

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The Daily Examen

SAINT IGNATIUS of Loyola gave the Church a great gift—the **Spiritual Exercises**. Praying with the **Spiritual Exercises** helps us discover **God’s plan for us**.

The Daily Examen is an important part of the Spiritual Exercises. When we pray the Daily Examen, we reflect on the events of the day so that we can discover God’s presence and discern his will for us. The Daily Examen helps us recognize God’s presence in our everyday lives.

The following steps are a version of the Daily Examen that we can use in our personal prayer.



Saint Ignatius of Loyola, 1882, engraving, London, England.



Prayers and Practices

- 1. Become aware of God’s presence.** Take a moment to reflect on all the blessings you have received from God throughout the day. Ask yourself, “How did God reveal himself to me in the events I experienced and the people I met?”
- 2. Review the day with gratitude.** Take a moment to thank God for the joys and delights you have experienced throughout the day. Ask yourself, “What joys have I experienced in my interactions with others? What sights, sounds, and smells have filled me with delight?”
- 3. Pay attention to your emotions.** Reflect on the feelings you have experienced throughout the day. Ask yourself, “Have any of my emotions drawn me closer to God or led me away from him? What might God be telling me?”

- 4. Choose one feature of the day and pray with it.** Ask the Holy Spirit to help you identify something from your day that seems especially important. It may be a feeling, an encounter, or a recurring thought you’ve had. Spend a moment reflecting on the experience and pray a prayer from your heart.
- 5. Look toward tomorrow.** Ask God for the grace to help you remain faithful to the call of discipleship. Then ask him to open your mind and heart so that you can continue to discover his presence in your everyday experience.

By praying this version of the Daily Examen, you can become more aware of God’s action in your life so that you can find God in all things.

El Examen Diario

SAN IGNACIO de Loyola dio un gran regalo a la Iglesia: los *Ejercicios espirituales*. Rezar con los *Ejercicios espirituales* nos ayuda a descubrir el plan de Dios para nosotros.

El Examen Diario es una parte importante de los *Ejercicios espirituales*. Cuando rezamos el Examen Diario, reflexionamos sobre los eventos del día para poder descubrir la presencia de Dios y discernir su voluntad para nosotros. El Examen Diario nos ayuda a reconocer la presencia de Dios en nuestra vida cotidiana.

Los siguientes pasos son una versión del Examen Diario que podemos usar en nuestra oración personal.



San Ignacio de Loyola, 1882, grabado, Londres, Inglaterra.

- 1. Reconoce la presencia de Dios.** Dedicar un momento para reflexionar sobre las bendiciones que has recibido de Dios durante el día. Pregúntate: ¿Cómo se me ha revelado Dios en los eventos que he vivido y las personas que he conocido?
- 2. Repasa el día con agradecimiento.** Dedicar un momento para agradecer a Dios por las alegrías y deleites que has vivido durante el día. Pregúntate: ¿Qué alegrías he vivido en mis interacciones con los demás? ¿Qué imágenes, sonidos y aromas me han llenado de deleite?
- 3. Presta atención a tus emociones.** Reflexiona sobre los sentimientos que has vivido durante el día. Pregúntate: ¿Mis emociones me han acercado o alejado de Dios? ¿Qué me podría estar diciendo Dios a través de mis emociones?
- 4. Elige una característica del día y reza pensando en ella.** Pide al Espíritu Santo que te ayude a ver algo de tu día que parezca ser especialmente importante. Podría ser un sentimiento, un encuentro o un pensamiento recurrente que hayas tenido. Dedicar un momento para reflexionar sobre la experiencia y reza desde el corazón.
- 5. Mira hacia el día de mañana.** Pide a Dios que te dé la gracia para permanecer fiel al llamado del discipulado. Luego pídele que abra tu mente y corazón para que puedas continuar descubriendo su presencia en tus experiencias de cada día.

Al rezar esta versión del Examen Diario puedes tomar conciencia de las acciones de Dios en tu vida para que puedas encontrar a Dios en todas las cosas.

Daily Examen (Saint Ignatius of Loyola)

1. *Know that God is with me.*

I look at my day with God's eyes, not just my own.

2. *Give thanks.*

I am thankful for the day I have just lived.
It is a gift from God.

3. *Review my day.*

I think about my day from the beginning until now.

4. *Think about my choices.*

Did I make good choices today? Did I sin?
I ask for God's forgiveness.

5. *Think of ways God can help me tomorrow.*

Examen Diario (San Ignacio de Loyola)

- 1. Sé que Dios está conmigo.**
Miro mi día con los ojos de Dios, no solo con los míos.
- 2. Doy gracias.**
Me siento agradecido por el día que he vivido. Es un don de Dios.
- 3. Repaso mi día.**
Pienso en mi día desde el principio hasta este momento.
- 4. Pienso en mis decisiones.**
¿Tomé buenas decisiones? ¿He pecado?
Le pido perdón a Dios.
- 5. Pienso en las maneras en las que Dios me puede ayudar mañana.**



S-T-O-R-Y

S = Structure

T = Trial

O = Openness

R = Redemption and Renewal

Y = You-nique

Structure

Name two moments from your life where you felt very clearly the presence of God before, during or after a particular experience:

- 1.
- 2.

Which of these moments do you think others would relate most to? Why?

Choosing one experience or incidence to focus on, what quote from the Scriptures most exemplifies or speaks to you through this experience?

(Please turn over.)

Trial

Now that you have a specific experience in mind to help structure your story of faith, focus on the aspect of “trial” in your story.

- What pattern of sin did you fall into during this time of trial?
- Name two things that helped you to persevere in this time of trial:
 - 1.
 - 2.

Openness

At some point during your experience, darkness turned to light and you began to be more open and accepting of your situation.

- Identify the turning point in your story. What happened?
- Who or what helped you to become more open during this time to God’s presence in and through this experience?

Redemption or Renewal

During every time of our lives, whether it be good or bad, there comes a time when we feel redeemed and renewed.

- Identify the moment when you finally felt a peace about your experience. How did this peace come?
- Which person of the Trinity did you feel the presence of most powerfully through this experience? Why?

You-nique

- What makes your story unique from your point of view?
- What do you believe to be the moral or central message of your story?

What impact are you hoping that this story will have upon others?

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Suggested Readings and Children's Books

THEME	Scripture	Prayer	Children's Books
<p>1</p> <p>God is love and has created me for relationship with Him.</p>	The Book of Genesis (1:26–28)	The Lord's Prayer: Our Father	<p><i>You Are Special</i> by Max Lucado <i>Tú eres especial</i> (Spanish Ed.) Crossway, June 1997 (English), November 2001 (Spanish)</p>
			<p><i>Dear Pope Francis: Letters to Pope Francis by Children from Around the World</i> (pgs. 12–13) <i>Querido Papa Francisco</i> (Spanish Ed.) Loyola Press, February 2016</p>
			<p><i>Loyola Kids Book of Saints</i> by Amy Welborn (St. Gianna Beretta Molla, pg. 14) Loyola Press, August 2001</p>
<p>2</p> <p>I have broken my relationship with God by my sin.</p>	The Prodigal Son (John 1:7–9)	The Confiteor	<p><i>Enemy Pie</i> by Derek Munson <i>Pastel para enemigos</i> (Spanish Ed.) Chronicle Books, October 2000 (English), January 2004 (Spanish) (also distributed in the <i>Pray Me a Story</i> Series by Loyola Press)</p>
	Jesus Heals the Man of the Tombs (Matthew 8:28–34)	The Daily Examen (see handouts)	<p><i>Dear Pope Francis: Letters to Pope Francis by Children from Around the World</i> (pgs. 22, 52–53) <i>Querido Papa Francisco</i> (Spanish Ed.) Loyola Press, February 2016</p>
			<p><i>Loyola Treasury of Saints</i> (Vladimir of the Great, pg. 130) Loyola Press, March 2003</p>

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THEME	Scripture	Prayer	Children's Books
<p>3</p> <p>Jesus restores my relationship with God through his Life, Death, and Resurrection.</p>	<p>The Disciples on the Road to Emmaus (Luke 13:32)</p> <p>Acts of the Apostles (2:22–24, 32–34)</p>	<p>The Apostles' Creed</p>	<p><i>Adaptive Finding God, A Faith Formation Program for Children with Special Needs: Stations of the Cross Flip Book</i></p> <p>Loyola Press, 2016</p>
			<p><i>Horton Hears a Who</i> by Dr. Seuss</p> <p><i>Horton escucha a quién</i> (Spanish Ed.)</p> <p>Random House Books for Young Readers, December 2007 (English), March 2003 (Spanish)</p> <p>(also distributed in the <i>Pray Me a Story</i> Series by Loyola Press)</p>
			<p><i>Dear Pope Francis: Letters to Pope Francis by Children from Around the World</i> (pgs. 32–33)</p> <p><i>Querido Papa Francisco</i> (Spanish Ed.)</p> <p>Loyola Press, February 2016</p>
			<p><i>Loyola Treasury of Saints</i> (St. Francis of Assisi, pg. 140)</p> <p>Loyola Press, March 2003</p>

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THEME	Scripture	Prayer	Children's Books
<p>4</p> <p>Jesus invites me to trust him, to turn from sin and to give my life to Him.</p>	St. Paul's Letter to the Corinthians (Corinthians 15:1-4)	Suscipe by St. Ignatius of Loyola	<i>Drop by Drop</i> by Loyola Press in collaboration with the USCCB Loyola Press, February 2015
	Jesus Heals the Blind Man (Luke: 18:35, Mark 8:2-25)		<i>Dear Pope Francis: Letters to Pope Francis</i> by Children from Around the World (pgs. 50-51) <i>Querido Papa Francisco</i> (Spanish Ed.) Loyola Press, February 2016
			<i>Loyola Kids Book of Saints</i> by Amy Welborn (St. Edith Stein, pg. 191) Loyola Press, August 2001
<p>5</p> <p>Jesus has poured the Holy Spirit into my heart to bring me to new life in his Church and sends his church on mission so that others can experience that new life.</p>	The Letter to Titus (Titus 3:4-7)	Come, Holy Spirit	<i>Douglas, the Boy Who Knew God</i> by Patricia McCarthy From the <i>Pray Me a Story</i> Series, Loyola Press, 2005
	John (7:37b-39a) "I have come that you may have life and live abundantly." (John 10:15)		<i>Green Street Park</i> by Loyola Press in collaboration with the USCCB Loyola Press, February 2015
			<i>The Snowy Day</i> by Ezra Jack Keats <i>Un día de nieve</i> (Spanish Ed.) Puffin Books, November 1976 (English Reprint Ed.), March 1991 (Spanish)

(Theme Five continued on next page)

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Suggested Readings and Children's Books

THEME	Scripture	Prayer	Children's Books
Theme Five continued from previous page			<p><i>The Gift of Nothing</i> by Patrick McDonnell</p> <p>Little, Brown Books for Young Readers, October 2005</p> <p>(also distributed in the <i>Pray Me a Story Series</i> by Loyola Press)</p>
			<p><i>Dear Pope Francis: Letters to Pope Francis by Children from Around the World</i> (pgs. 64–65)</p> <p><i>Querido Papa Francisco</i> (Spanish Ed.)</p> <p>Loyola Press, February 2016</p>
			<p><i>Loyola Treasury of Saints</i> (St. Catherine of Siena, pg. 152)</p> <p>Loyola Press, March 2003</p>

Recognizing Teachable Moments: Using Storybooks as a Springboard for Prayer

Age	Title/Author	Publisher/ Copyright	Theme	Summary	Prayer Idea
Birth to 2	<i>Will You Be My Friend?</i> Nancy Tafuri	Scholastic 2000	God's Creation, Friendship, Caring for Others	Bird comes to feel less shy when Bunny helps her rebuild her ruined nest, showing her what a good friend can be.	Name some family friends. Thank God for all of the people you love.
Birth to 2	<i>Guess How Much I Love You?</i> Sam McBratney	Candlewick Press 1995	Love, Parenthood, Fatherhood	During a bedtime game, every time Little Nutbrown Hare demonstrates how much he loves his father, Big Nutbrown Hare gently shows him that the love is returned even more.	Look at a family photo album together. Thank God for your family. Ask God to help you show others that you love them.
3	<i>Hush! A Thai Lullaby</i> Minfong Ho	Scholastic 2000	Caring for Others, Parenthood, Motherhood	A lullaby-singing mommy asks animals such as a lizard, monkey, and water-buffalo to be quiet and not disturb her sleeping baby.	Talk about the value of naps. Thank God for the gift of sleep. Ask God to care for you every night as you sleep.
3	<i>Where the Wild Things Are</i> Maurice Sendak	HarperCollins 1988	God's Gift of Imagination, Forgiveness	Sent to his room, Max takes an imaginary journey to the land of the Wild Things. Upon return, he finds his dinner—and it is still hot.	Have fun describing imaginary creatures together. Thank God for the gift of imagination.
4	<i>The Mitten</i> Alvin R. Tresselt	Mulberry Books 1964	God's Creation, Caring for Others	This story is a retelling of the traditional tale about how a boy's lost mitten becomes a refuge from the cold for an increasing number of animals.	Talk about different kinds of shelter. Thank God for your home and ask God to bless it and all who live there.
4	<i>The Kissing Hand</i> Audrey Penn	Tanglewood Press 2007	Parenthood, Love	When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him.	Talk about how your family shows love. Thank God for your family. End with a kiss on the hand!
5	<i>The Empty Pot</i> Demi	Henry Holt 1990	Honesty	When Ping admits that he is the only child in China unable to grow a flower from the seeds distributed by the Emperor, he is rewarded for his honesty.	Ask your child to tell about a time when he or she told the truth when it was scary to do so. Thank God for the ability to make good choices and tell the truth.
5	<i>The Snowy Day</i> Ezra Jack Keats	Penguin Group USA 1996	God's Creation	In this classic story, Peter enjoys his day playing outside in the snow.	Recall times when your family enjoys different types of weather. Together praise God for weather.

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Reconociendo los momentos pedagógicos: los cuentos como punto de partida para la oración

Edad	Título/Autor	Editorial/ Copyright	Tema	Resumen	Idea para rezar
Nacimiento hasta 2	<i>Buenas noches, luna</i> Margaret Wise Brown	Rayo (4 de agosto, 1995)	El amor y la creación de Dios	En este cuento clásico, un conejito da las buenas noches a todo lo que ve antes de dormir.	Hable sobre distintos tipos de hogares. De gracias a Dios por su hogar y pida a Dios que lo bendiga y a todos los que allí viven.
Nacimiento hasta 2	<i>Adivina cuánto te quiero</i> Sam McBratney	Lectorum Publications (1 de enero, 1997)	El amor y la paternidad	Cada vez que la liebre pequeña muestra cuánto quiere a su papá mientras juegan antes de dormir, su papá le muestra que le devuelve su amor todavía más.	Mire junto a su hijo un álbum de fotos. Den gracias a Dios por su familia. Pidan a Dios que les ayude a mostrar su amor a los demás.
3	<i>Cha-cha-cha en la selva</i> Debbie Harter	Barefoot Books (1 de noviembre, 2003)	La alegría y la creación de Dios	Animales de la selva enseñan a bailar a los niños.	Pase un rato divertido con su hijo bailando como los animales. Diga a su hijo que Dios quiere que seamos felices.
3	<i>Donde viven los monstruos</i> Maurice Sendak	Rayo (19 de julio, 1996)	El don de Dios de la imaginación, el perdón	Enviado a su dormitorio, Max se embarca en un viaje imaginario a la tierra de los monstruos. Al regresar, encuentra su cena, que aún está caliente.	Pase un rato agradable describiendo criaturas imaginarias con sus hijos. Den gracias a Dios por el don de la imaginación.
4	<i>Soy el agua</i> Jean Marzollo	Scholastic en Español (1 de mayo, 1999)	La creación de Dios	Con lenguaje sencillo e ilustraciones alegres, se exploran las distintas formas y los muchos usos del agua.	Hable con su hijo sobre las muchas partes de la creación de Dios, de la que el agua solo es una. Den gracias a Dios por los recursos naturales de la tierra.
4	<i>Un beso en mi mano</i> Audrey Penn	Tanglewood Press (1 de junio, 2006)	La paternidad, el amor	Cuando el mapache Chester no quiere ir al jardín de infancia por primera vez, su madre le enseña una manera secreta para llevar consigo su amor.	Hable sobre cómo su familia demuestra el amor. Den gracias a Dios por su familia. ¡Dete un beso en la mano a su hijo!
5	<i>El pez arco iris y la ballena azul</i> Marcus Pfister	Ediciones Norte-Sur (1 de abril, 2008)	La amistad	Cuando aparece una gran ballena azul, los pececitos temen lo que pueda hacer. Con paciencia, el pez arco iris encuentra la verdad.	Hable con su hijo sobre la amistad. Juntos, recuerden algunos amigos de su familia. Den gracias a Dios por las personas a quienes aman.

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5	<i>Un día de nieve</i> Erza Jack Keats	Live Oak Media (Mayo, 2005)	La creación de Dios	En este cuento clásico, Peter disfruta de su día jugando en la nieve.	Recuerden momentos en los que su familia haya disfrutado de diferentes tipos de clima. Juntos, alaben a Dios por el tiempo.
6	<i>El terciopelo de conejo/ The Velveteen Rabbit</i> Margery Williams Bianco	Brighter Child; Bilingual edition (29 de mayo, 2009)	El amor	Un peluche de conejo desea convertirse en un conejo real al recibir el verdadero amor del niño que es su dueño.	Hable con su hijo sobre el poder transformativo del amor, y cómo todo amor tiene su origen en Dios.
6	<i>La mujer que brillaba aún más que el sol</i> Alejandro Cruz Martínez	Children's Book Press (30 de mayo, 1997)	La bondad, la creación de Dios	Un bella mujer llega a un pueblo, pero no es bienvenida por la gente del pueblo porque es diferente.	Hable sobre las diferencias entre las personas, y cómo enriquecen el mundo. De gracias a Dios por crear a todas las personas distintas.
7	<i>Delifines al amanecer</i> (Serie: La casa del árbol) Mary Pope Osborne	Lectorum Publications (Noviembre, 2005)	La inteligencia, la ingeniosidad	En esta aventura, dos niños tienen que resolver acertijos para convertirse en los dueños de la casa del árbol.	Den gracias a Dios por nuestra inteligencia y la posibilidad de utilizarla para alcanzar buenos objetivos.
8	<i>Las telarañas de Carlota</i> E. B. White	Rayo (4 de octubre, 2005)	La amistad, el amor	El cerdo Wilbur está desconsolado al descubrir que se va a convertir en la cena de Navidad del granjero, hasta que su amiga, la araña Carlota, decide ayudarlo.	Después de leer cada capítulo, hable cómo un personaje demuestra su amistad a otro. Den gracias a Dios por el regalo de la amistad.
10 a 12	<i>Esperanza Renace</i> Pam Muñoz Ryan	Scholastic en Español (Agosto, 2002)	La perseverancia, la paciencia, la esperanza	La joven Esperanza, una niña mejicana acostumbrada a una vida cómoda, tiene que emigrar con su madre a los Estados Unidos tras la trágica muerte de su padre.	Hable con su hijo sobre circunstancias o situaciones difíciles que haya tenido que superar en su vida. Señale que Dios nos ayuda en estos momentos difíciles en maneras en las que ni siquiera nos damos cuenta.
13 y arriba	<i>Puente hasta Terabithia</i> Katherine Paterson	Lectorum Publications (Juv) (1999)	El amor, la fe, la empatía, la amistad, la esperanza	La vida de un niño de diez años en una zona rural de Virginia cambia cuando se hace amigo de un recién llegado a la comunidad, quien luego fallece intentando llegar a su escondite, Terabithia, durante una tormenta.	Al leer el libro, en momentos oportunos, hablen sobre la importancia de recurrir a Dios cuando se siente dolor, pena o tristeza. Recen juntos para que su familia recurra a Dios cuando sus miembros necesitan ayuda y consuelo.